

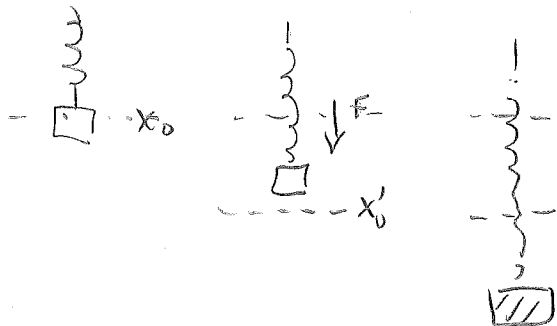
Assume ideal springs. $\omega = \sqrt{\frac{k}{m}}$.

1. A mass m hangs (in the Earth's gravity) from a spring. The system has an angular frequency of 2 rad/sec. The mass is initially at rest.

a) A constant downward force F is applied for a time Δt . What should Δt be if you want the largest possible subsequent oscillation of the mass?

Natural frequency is unchanged, only rest point shifts (down).

Want $\frac{1}{2}$ cycle $T = \frac{2\pi}{\omega} = \text{period}$, so $t = \frac{\pi}{\omega} = \frac{\pi}{2} \text{ s}$.



release here for max amplitude

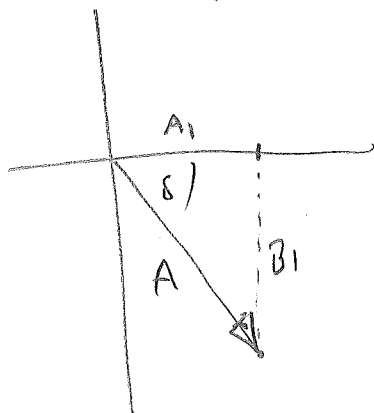
b) Instead, the mass is set into motion so that, at $t=0$, the position of the mass is +4 m from its resting position, and the speed of the mass is +12 m/s (+ measured downward.)

If the position of the mass is written as $x = A \cos(\omega t - \delta)$, (measured from the rest position) what are A and δ ?

$$x = A_1 \cos \omega t + B_1 \sin \omega t = +4 \text{ at } t=0 \quad A_1 = +4 \text{ (m)}$$

$$\dot{x} = -\omega A_1 \sin \omega t + \omega B_1 \cos \omega t = +12 \text{ at } t=0 \quad B_1 = \frac{+12}{2} = +6 \text{ (m)}$$

phasor diagram



$$A = \sqrt{16 + 36} = \sqrt{52} = 7.21 \text{ m}$$

$$\delta = \arctan \frac{6}{4} = 56.3^\circ = 0.98 \text{ rad}$$

2. The amplitude of a mass-spring system is 2 m. When the mass is at 1 m from the resting position, its speed is 1 m/s.

What is the angular frequency of the motion, ω ?

$$U = \frac{1}{2} k x^2 \quad E = \frac{1}{2} \cdot k \cdot 2^2$$

When mass is at $x=1$, $U = \frac{1}{2} k \cdot 1^2$ so $T = \frac{3}{2} k = \frac{1}{2} m v^2$

$$3 \frac{k}{m} = v^2$$

$$\sqrt{\frac{3k}{m}} = \frac{v}{\sqrt{3}}$$

$$\omega = \frac{1}{\sqrt{3}} \text{ s}^{-1}$$

OR

$$x = A \sin \omega t$$

$$1 = 2 \sin \omega t$$

$$\sin \omega t = \frac{1}{2} \quad \omega t = 30^\circ$$

$$\dot{x} = \omega A \cos \omega t = 1 \text{ m/s}$$

$$\omega = \frac{1 \text{ m/s}}{2 \text{ m} \cdot \cos 30^\circ} = \frac{1}{\sqrt{3}} \text{ s}^{-1}$$